

session two who are they?

aim



To help young people to consider that each person is valuable to God, therefore living God's way involves caring about each other.

you will need



- Pens
- Mobile phones and/or mobile phone handouts ('CIO_Mobile_COL.pdf' and 'CIO_Mobile_LINE.pdf' available on disc 2 and www.checkitout.org.uk)
- Poster sized sheets of paper
- Magazines, glue, scissors, felt-tip pens

introduction



Each person is a unique individual that God has made for a purpose.

As each person is special and loved by God, He wants us to help not harm each other.

games



Lean on me

Ask the young people to split up in pairs. Each pair should then stand back to back and link their arms together. Then, leaning back on one another they should try to sit down on the floor so their legs and feet are straight out in front of them. Next, after you count to three, they have to stand up without touching the floor with their hands whilst still back to back and with arms linked.

You may want to make this game more competitive by introducing a time limit and giving a prize to the pair that complete the most sits and stands.

There are many things in life that are only possible to achieve with help from others - we were designed to depend on each other so we should value our friendships.

the point

dvd



DVD clip 1:

'All About Me' - Episode Two

Disc 1, running time: 6 minutes 15 seconds

Remind the group that last time we met Ali and began to get to know her and her family. This time we will discover a little bit more about some other important people in her life - her friends!



- What do you think Ali could do to sort out her friendship with Jo?

activity



Text me (optional)

Ask the young people to imagine that they are in a similar situation to Ali and need to sort out a friendship.

Using their mobile phones encourage them to type a text message that they might send to their friend to sort things out. Once they have all written their message save it as a draft or template (this means they may be able to use it at a later date in a real life situation).

Ask some of them to read out what they have written. You could ask the young people to write two messages, one fun and one serious!

Alternatively, they could write their messages on the mobile phone handouts ('CIO_Mobile_COL.pdf' and 'CIO_Mobile_LINE.pdf') available on disc 2 and www.checkitout.org.uk.

dvd



DVD clip 2:

Vox Pop 1 : What is friendship all about?

Disc 1, running time: 3 minutes 3 seconds

Introduce the clip by asking the young people to consider how important friendships are to them and how they feel when friendships break down. Here are some young people who were asked: 'What is friendship all about?'



A Good friend

If friendships are important what are the qualities that make a friendship last; what are the most important qualities we look for in our friends?

Split the young people into groups of four or five and ask each group to create a poster that describes a good friend.

Ask one young person from each group to draw a picture of their ideal friend onto the sheet of paper. Then the groups may use the felt-tip pens to write words on the poster to describe what this friend would be like. They could also cut out pictures or words from the magazines and stick these onto their poster. This montage of pictures and words should seek to represent what a good friend should be and the qualities that they should have.

When the posters are completed each group should show their poster to the others and explain why they have used the words and images that appear on the poster.



- In what ways do your friends match up to these ideals?
- How could you be a better friend?



DVD clip 3:

Vox Pop 2: Why do friendships go wrong?

Disc 1, running time: 2 minutes 50 seconds

Introduce this DVD clip by pointing out that whilst we all have our thoughts of what an ideal friend would be and can try to be a better friend ourselves, nobody is perfect. The truth is that everybody messes up sometimes and we all make mistakes and disappoint others and even ourselves.

So why do friendships go wrong?



Christians believe that every person is special and as such we should really care for and value our friends and all people.

The Bible makes this point over and over again and we will consider this in two ways; by looking at a statement and a story.

The statement:

Read Mark 12 verses 29-32 and make the following point:

- Jesus said the way that life should be lived is by putting God first, others second and ourselves last. This sounds really challenging but if all people did live this way it would change the whole world.

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Knowing how difficult we find it to live this way Jesus did not merely make statements, He also told lots of stories that would help people to grasp what He was saying.

The story:

One of His best-known stories is known as 'the parable of the good Samaritan'.

Read Luke chapter 10 verses 25-37 and make the following points:
(If appropriate you could encourage your group to act this story out rather than just listening to it being read.)

- In this story Jesus talked about Jews and Samaritans because they were two groups who hated each other.
- We should not ignore or harm people because they are different from us (v31 and 32).
- We should value people and seek to help not harm them (v33).
- We should not wait for people to be friendly to us before we act in a friendly way (v35).

Something to think about:

Imagine what the world would be like if every person was caring about others and being helpful and supportive, not unkind and critical. That is how God made us to be but all of us frequently let God, ourselves and others down.

Encourage the young people to give some time over the coming week to think about who they could be a friend to.



REMINDER:

In session six there will be an opportunity for your young people to make the choice to become a Christian. The Check it Out leaflet provides an ideal resource for this.

Make sure you have enough for the number of young people attending your Check it Out group. If more are required you will need to order them now so that you have them in time for the session.

To order more go to www.checkitout.org.uk or call 01268 530531.

You will also find a helpful outline for using the leaflet on pages 33-37 of this guide. Please ensure that all leaders read and become familiar with this before session six!